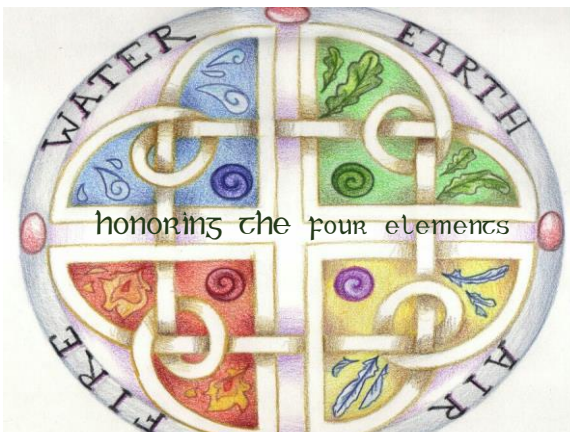


DAY THREE:
DISCERNING OUR FUTURE

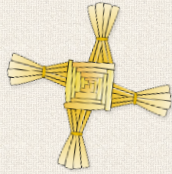
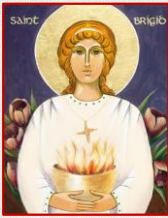




ANAMCARA RITUAL box



ANAMCARA MENTOR — FIRE



ORIGIO OF KILDARE
The First Anam Cara

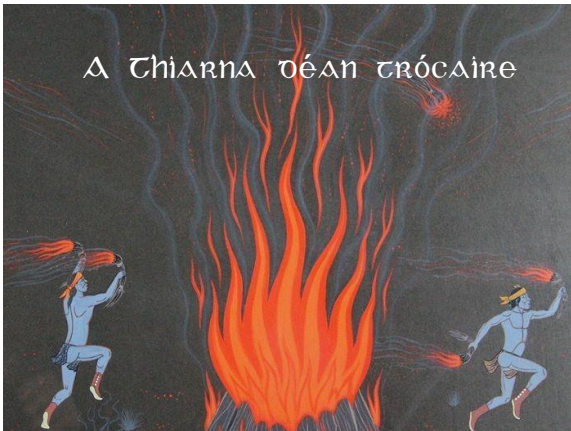
GRANT MERCY
FOR THE FIRES
THAT WARM AND PROTECT US

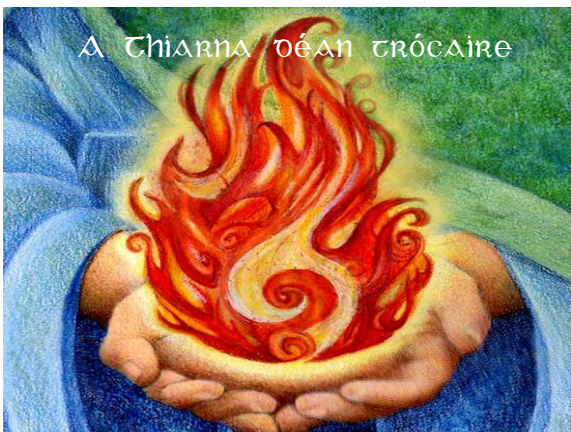


Α ΘΙΑΡΝΑ ΔΕΑΝ ΤΡΟΧΑΙΡΕ

Ah here na den tro kara







ANAMCARA vigil practices

- 2-3 AM waking
- Light candle
- Circling Prayer
- Invoke Anamcara

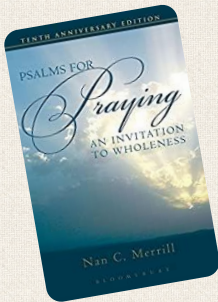
Protectors
and any
Anamcara
in need.



The peace of all peace
be mine this night.
Let all tumult
within me cease.
Enfold me, my Beloved
in your peace.

Immanaire!

psalm 119 beati





“Do not practice long, drawn out devotions but
give yourself to prayer at intervals as you
would your daily food.”

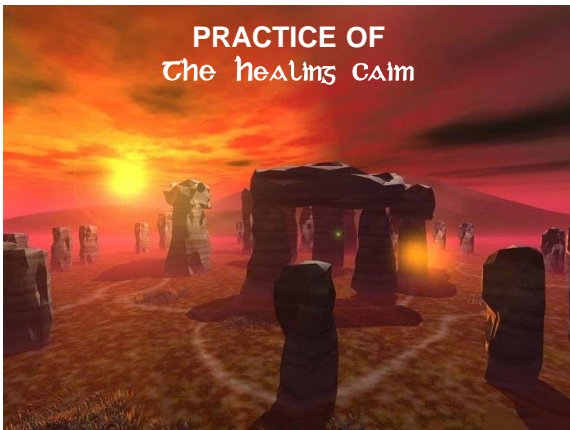
St Comghall, 6th c

**THE PRACTICE OF
Seancamach**



“Soul Flight” Meditation





CAIM AGUS CURRACH



om
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CAIM OF HEALING



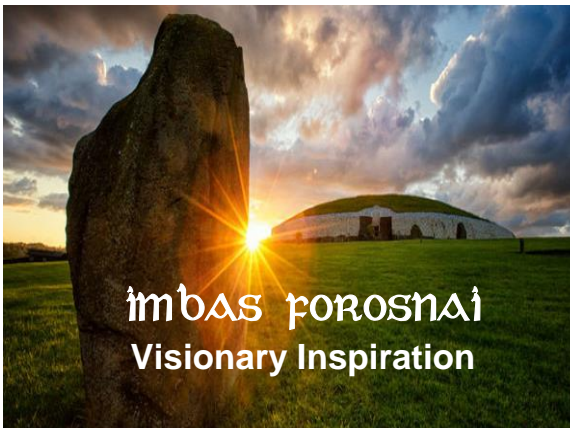
Debbie Dornboos (Calgary)
for son Ryan (Toronto)



Debbie Hayden (Dublin)
Mary Groves



Tammie Veal (Bend)



HEALING QUESTIONS

- Who do you need to bless in life with the gift of forgiveness and healing?
- What do you need the courage to name as darkness thereby seeking higher protection?
- Can you offer your anamcara presence for those who are asking for healing?



“May you have the commitment to know what has hurt you, to allow it to come close to you and in the end, become one with you.”

Fintan's Blessing



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Living

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eiso le mo chriohe
eiso le oo chriohe



Air an Sìonn
Tha me/Tha Sìnn Sìonn



A Thighearna...
De an Trocair Oirann

blessing for the senses

May your body be blessed.



May you realize that your body is a faithful
and beautiful friend of your soul.

And may you be peaceful as you recognize
that your senses are sacred thresholds.

May you realize that holiness is mindful
gazing, feeling, hearing and touching. 6th C.



- ✓ Anamcara Graduate Community
- ✓ Purchase AC Hard Drive
- ✓ SALC Podcasts: Soul Size Questions
- ✓ New Art of Living & Dying Series
- ✓ Audit SALC programs/volunteer
- ✓ Continue Your Enneagram studies
- ✓ SALC Pilgrimage
- ✓ Continue with your Ceili De

ANAMCARA GRADUATES







YEAR TWO TRACKS

Art of Spiritual Discernment
 Well of Grief & Love
 Art of Spiritual Eldering
 Healing Practices at the End of Life
 Soul of Wellness
 Seasons of our Lives

Living Celtic Mythology

2024-25 ANAMCARA TRACK MENTORS



Art of Spiritual Discernment

Richard Groves
Eileen Heaton

Soul of Wellness

Dean Sharpe
Marlis Beier

End of Life Spirituality

Kevin Dieter
Ann Jacob/Stan Tomandi

Healing through Grief

Elizabeth Johnson
Marv Klassen-Lands
Wendy Howard

Art of Spiritual Eldering

Nadya Gross & Victor Gross
Maryhelen Zabas

Seasons of our Lives

Michael Kearney
Dabbe Doornbos

Living Celtic Mythology

Margaret Brady
Phil Larkin



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Walking to the Presence of Mystery in All Things

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Major themes: Freedom, Imagination, Discernment & Transformation
- Daily reflections and practices for discernment in everyday life
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Regardless of one's language for Mystery or spiritual tradition
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Or drinking too deeply in spiritual awareness and intimacy

SPACE IS LIMITED
 ONLY FOR WHOLE DISCERNMENT, NOT FOR COACHES
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Richard Groves Eileen Heaton Jack Kennedy

Online Spirit of the Enneagram

Two-Day Online Webinar July 15-16, 2022
Introduction to Spiritual Psychology PROGRAM INFORMATION

The Enneagram is a remarkable tool for psychological and spiritual growth. This ancient wisdom tradition offers clinical insight that explains why we believe in the way that we do by uncovering our unconscious motivations and deeply rooted influences. The lessons of the Enneagram are not learned by studying books or concepts, but through an elegant process called the oral tradition. It is only from sharing and hearing the stories of others, that your personal life "wisdom" is revealed.



The Spirit of the Enneagram will enable you to:

- Enhance your personal life events
- Inspire your sense of spiritual seeking
- Meet the demands of the modern world
- Enhance clarity in work and relationships
- Create a more peaceful and productive environment

The Spirit of the Enneagram "Wisdom" Tradition:

- A 2-week intensive available for students in all primary types of the Enneagram.
- A highly interactive program where participants explore not only their own personality, but also profound concepts and the spiritual world of others' lives.

Richard Groves is an author, pastoral counselor and Reformed theologian of the Sacred Art of Living Center. A student of the Enneagram for thirty years, Richard is a masterful teacher in making the connection between the spiritual and psychological wisdom of this ancient tool.

Online Webinar (exact Time):
July 15-16, 2022
9:00 am – 4:30 pm
 tuition \$300
 Early Bird \$250 (Valid until 6/24/22)
 *Special Offer available in conjunction with this full registration. For contact info@sacredartofliving.org
 Register online at: www.sacredartofliving.org for more information call: (541) 361-4379

Sacred Art of Living

Community for Spiritual Integration
A SOUTHWEST NATIVE PILGRIMAGE
Sacred Sites in Arizona, Colorado, Utah & New Mexico



It does encounter with the Aboriginal Wisdom of Ancient Spiritual Culture.

September 18 – 28, 2024 with Pilgrimage Leader & Cultural Guide Richard Groves

\$4250 per person (minus airfare)

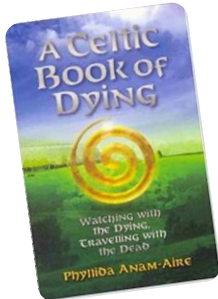
A REMARKABLE LOCATION
The pilgrimage trail starts in the heart of the American Southwest, where a rich and diverse heritage is preserved. The trail leads to some of the most remarkable archaeological sites in the world, including the ancient cliff dwellings of Mesa Verde National Park. The trail also leads to the sacred landscape of the Four Corners region, where the four states of the United States meet. The trail is a journey of discovery and awe, as you explore the ancient ruins and the natural beauty of the Southwest. The trail is a remarkable location, and it is a pilgrimage to be remembered.

ACCOMMODATIONS & WORLD CLASS SITES
Accommodations to the trail include the 19th Century American Southwest. The trail includes the most remarkable archaeological sites in the world, including the ancient cliff dwellings of Mesa Verde National Park. The trail also leads to the sacred landscape of the Four Corners region, where the four states of the United States meet. The trail is a journey of discovery and awe, as you explore the ancient ruins and the natural beauty of the Southwest. The trail is a remarkable location, and it is a pilgrimage to be remembered.

ENCOUNTER, LEARN & CELEBRATE
Historic Richard Groves will lead guided walks to the trail sites. Richard will share the spiritual and cultural wisdom of the ancient Southwest and its impact on the world today. The trail is a journey of discovery and awe, as you explore the ancient ruins and the natural beauty of the Southwest. The trail is a remarkable location, and it is a pilgrimage to be remembered.

SPACE IS LIMITED
For reservations and more information contact: (541) 361-4379

ANAM AIRE



DAVID VIVAN VIRE
the book

SPAIN MAY 2025





**EVER ANCIENT
EVER NEW**
CELTIC SPIRITUALITY IN THE 21ST CENTURY
Dolores Whelan

DOLORES WHELAN

FIRST PRINCIPLE OF HEALING

May you have the
commitment to know
what has hurt you,

To allow it to come closer
to you

And in the end, to
become one with you.



